The Abundance Budget

This month make a commitment to sit down and make out a budget for the month ahead. It is important that it includes the following:

Money coming in

(Income, benefits, etc.)

Money going out

(Bills, rent/mortgage, living)

Savings

(even it is €1, it is just to get into the habit of saving)

My Abundance

(One treat for yourself this month – more if you can do it but even just start off with one).

“It is safe for me to be abundant”.

I have added an extra page below for you to do out your budget.