I am Grateful

This month I commit to offering gratitude for my life every day.

At the end of each day, write down one thing you are grateful for.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

13.

14.

15.

16.

17.

18.

19.

20.

21.

22.

23.

24.

25.

26.

27.

28.

29.

30.

You can add more to your gratitude list in the space below.

*“The Miracle of Gratitude is that it shifts your perception to such an extent that it changes the world you see”*

*Robery Holden*