

**21 Days of Affirmations**

**You can repeat one affirmation throughout the day.**

**All good things are flowing to me easily and happily.**

**I am enough. I am wonderful. I am special.**

**I am attracting an abundance of wonderful things into my life.**

**Today and every day, everything is perfect and exactly how it is meant to be.**

**I am grateful for all of the lessons I am learning at this time, they are teaching me all that I need to learn.**

**All is well.**

**I am loving and I am loved.**

**I am grateful for my body and my health.**

**I am grateful for my family and friends.**

**My life is getting better each and every day.**

**I am non-judgemental and compassionate towards others.**

**I forgive myself and allow myself to move forward in a more positive way. I am free.**

**I am overcoming my self-doubt and fears.**

**I am releasing old negative beliefs and habits.**

**My life is balanced and easy.**

**I am an open channel to receive the guidance I need to create a miraculous life.**

**I am grateful for this moment, right here and now. I am connecting to my inner self.**

**Breathe. Exhale. Repeat.**

**I am active, alive and living my life to the fullest.**

**I am living my purpose, living to my fullest potential and loving life.**

**I am following my joy!**